

HIGH VOICE VOWELS

Say these vowels after a *hum*. Practice the words for homework. Focus the sound around your lips and nose; the facial mask. Keep your pitch the same as the *hum*. Put energy in your voice as you practice. Use mid-section breath support.

MO-MO ONE	NO-NO ONE	ZO-ZO ONE	ZA-ZA ONE
MO-MO TWO	NO-NO TWO	ZO-ZO TWO	ZA-ZA TWO
MO-MO THREE	NO-NO THREE	ZO-ZO THREE	ZA-ZA THREE
MO-MO FOUR	NO-NO FOUR	ZO-ZO FOUR	ZA-ZA FOUR
MO-MO FIVE	NO-NO FIVE	ZO-ZO FIVE	ZA-ZA FIVE
MO-MO SIX	NO-NO SIX	ZO-ZO SIX	ZA-ZA SIX
MO-MO SEVEN	NO-NO SEVEN	ZO-ZO SEVEN	ZA-ZA SEVEN
MO-MO EIGHT	NO-NO EIGHT	ZO-ZO EIGHT	ZA-ZA EIGHT
MO-MO NINE	NO-NO NINE	ZO-ZO NINE	ZA-ZA NINE
MO-MO TEN	NO-NO TEN	ZO-ZO TEN	ZA-ZA TEN

From Dr. Morton Cooper