

## LOW VOICE SENTENCES

Say these sentences after a "*hum*" or a casual and sincere "*um hum*" to establish the tone focus. Practice the sentences for homework. Repeat the first few sentences until you are comfortable with them. Focus the sound around your lips and nose; the facial mask. Keep your pitch the same as the *hum*. Put energy in your voice as you practice. Use mid-section breath support.

1. THE BRIGHT LIGHT HAD A LIGHT THAT COULD SHINE THROUGH NIGHT.
2. THE BUTTERFLY ASKED WHY WHILE QUITE ON HIGH, AND IN THE RAIN WAS STILL QUITE DRY, AS IT DID FLY UP IN THE SKY AND WENT BYE-BYE.
3. BE YOU, BE ME, WHOM EVER YOU BE, BE HAPPY.
4. HE SAID THAT THREE AND THREE MUST EQUAL BE.
5. THE PEAK SEEMED TO REACH TOWARD THE DEEP REACH OF LEAVES.
6. HE WHO EATS AS A TREAT MAY FIND HIMSELF HEAVY UPON HIS FEET.
7. DREAM AND YOU DREAM ALONE; SCREAM ALONE; LEAN UPON A TEAM AND YOU ARE BETTER FOR THAT SCHEME.
8. THE SOIL WAS A FOIL, LIKE HIS VOICE WAS A COIL.
9. THE MOUSE WAS IN TOWN DOWN IN THE GROUND BUILDING HIS HOUSE.
10. HE HAD A GRAY SLEIGH THAT WAS SPRAYED WITH CLAY AS HE PLAYED.

Adapted from Dr. Morton Cooper